

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019

Please note: This calendar is subject to change

(AR) - Activity Room
(L) - Lobby
(DR) - Dining Room
(PD) - Private Dining Room
(CR) - Card Room
(P) - Patio
(2F) - 2nd Floor
(2DR) - 2nd Floor Dining Room
(A/L) = Assisted Living

<p>3</p> <p>1:00 Hand & Foot (CR) 1:30 Movie (Finding Your Feet) (AR)</p>	<p>4</p> <p>9:15 Mobile Library (L) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Safeway (L) 11:00 Trip to QFC (L) 1:00 Errands/Mall Trip (L) 2:30 Sing! w/ Miriam (AR) 3:00 A/L Manicures & Hand Care (2DR) 6:30 Movie (Finding Your Feet) (AR)</p>	<p>5</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Themes in Philosophy w/ David Smith (AR) 12:00 Movie and Popcorn (The Favourite) (AR) 3:00 Current Events w/ Jacob Bolotin (AR)</p>	<p>6</p> <p><u>Doctor Day</u> 1:00 - 4:00 Foot Care (2F) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 11:00 Van Ride (L) 12:30 Scrabble (CR) 1:00 Pokeno (PD) 2:00 Music w/ Cheri Adams (AR) 3:30 Social Hour (AR)</p>	<p>7</p> <p><u>Doctor Day</u> 9:00 - 12:00 Foot Care (2F) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Catholic Mass (DR) 10:30 Trip to Bartell's (L) 1:00 Knitting Group (CR) 2:30 Trivia (AR) 6:30 Movie Club (AR)</p>	<p>8</p> <p>9:30 Exercise (AR) 9:30 Mahjong (CR) 10:00 Coffee Social (L) 10:15 Ride the SR 99 Tunnel and Lunch (L) 1:00 Talk to the Chef (DR) 2:00 Music w/ Fourcast Quartet (AR) 3:00 A/L Tea Time (2DR) 3:00 Rummikub (AR)</p>	<p>9</p> <p>10:00 Exercise (video) (AR) 10:30 Coffee Social (L) 11:00 Cribbage (AR)</p>
<p>10</p> <p><i>Daylight Savings Time Begins—Turn your clocks forward one hour!</i></p> <p>1:00 Hand & Foot (CR) 1:30 Movie (I Am Not Your Negro) (AR)</p>	<p>11</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Safeway (L) 11:00 Trip to QFC (L) 1:00 Errands/Mall Trip (L) 2:30 Sing! w/ Jerry (AR) 3:00 A/L Manicures & Hand Care (2DR) 6:30 Movie (I Am Not Your Negro) (AR)</p>	<p>12</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (L) 10:00 Trip to Oso and Lunch (L) 11:00 Movie and Popcorn (Green Book) (AR) 2:30 - 4:00 Dulcimer Jam Session (AR)</p>	<p>13</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 11:00 Church Service w/ Rev. Tom Ruhlman (AR) 12:30 Scrabble (CR) 1:00 Pokeno (PD) 2:00 March Birthday Party w/ Richard Dean (AR) 3:00 Rummikub (AR)</p>	<p>14</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Catholic Communion (DR) 11:00 Self Defense Seminar w/ Joanne Factor (AR) 1:00 Trivia (AR) 2:00 Van Ride (L) 3:30 Social Hour (AR) 6:30 Movie Club (AR)</p>	<p>15</p> <p>9:30 Exercise (AR) 9:30 Mahjong (CR) 10:00 Coffee Social (AR) 11:30 - 1:00 Free Lunch (DR) 1:00 Talk to the Chef (DR) 2:00 St. Patrick's Day Party (AR) 3:15 Music w/ Land of Erin (L)</p>	<p>16</p> <p>10:00 Exercise (video) (AR) 10:30 Coffee Social (L) 11:00 Cribbage (AR) 1:30 Puget Sound Theatre Organ Society: Jonas Nordwall (L) 2:00 Bingo w/ Carolee (AR)</p>
<p>17</p> <p><i>St. Patrick's Day</i></p> <p>1:00 Hand & Foot (CR) 1:30 Movie (Michael Collins) (AR)</p>	<p>18</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Safeway (L) 11:00 Trip to QFC (L) 1:00 Errands/Mall Trip (L) 2:30 Sing! w/ Miriam (AR) 3:00 A/L Manicures & Hand Care (2DR) 6:30 Movie (Michael Collins) (AR)</p>	<p>19</p> <p>9:30 Casino (Tulalip) / Outlet Shopping (L) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Themes in Philosophy w/ David Smith (AR) 1:00 Trivia (AR) 3:00 Current Events w/ Jacob Bolotin (AR)</p>	<p>20</p> <p><u>Doctor Day</u> <i>Iranian New Year/ First Day of Spring</i> 9:30 Exercise (AR) 10:00 Meet the New Residents Coffee Social (AR) 11:00 Pokeno (AR) 12:30 Scrabble (CR) 1:00 Rummikub (AR) 2:00 Van Ride (L) 3:30 Social Hour (AR)</p>	<p>21</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Catholic Communion (DR) 11:00 Music w/ Sid Law (AR) 1:00 Hot Chocolate and Paint by Numbers (AR) 2:00 Movie and Popcorn (Bohemian Rhapsody) (AR) 6:30 Movie Club (AR)</p>	<p>22</p> <p>9:30 Exercise (AR) 9:30 Mahjong (CR) 10:00 Coffee Social (AR) 11:00 Resident Meeting (AR) 1:00 Talk to the Chef (DR) 1:00 Trip to Dollar Tree (L) 1:30 A/L Resident Meeting (2DR) 3:00 A/L Tea Time (2DR) 3:00 Bingo (AR)</p>	<p>23</p> <p>10:00 Exercise (video) (AR) 10:30 Coffee Social (L) 11:00 Cribbage (AR) 6:30 "Second Chance" Movie (Green Book) (AR)</p>
<p>24/31</p> <p>1:00 Hand & Foot (CR) 1:30 Movie (Persepolis/ Duck Soup) (AR)</p>	<p>25</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Safeway (L) 11:00 Trip to QFC (L) 1:00 Errands/Mall Trip (L) 2:30 Sing! w/ Miriam (AR) 3:00 A/L Manicures & Hand Care (2DR) 6:30 Movie (Persepolis) (AR)</p>	<p>26</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Rummikub (AR) 12:00 Seattle Chocolate Company Factory Tour (L) 1:00 Let's Talk (PD) 3:00 Dixit (AR)</p>	<p>27</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Trader Joe's (L) 12:30 Scrabble (CR) 1:00 Pokeno (PD) 2:00 Music w/ The Rolling Crones (AR) 3:30 Social Hour (AR) 4:15 - 6:00 Iranian Dinner (DR)</p>	<p>28</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Catholic Communion (DR) 10:30 Trip to Fred Meyer (L) 1:30 Bible Study w/ Rev. Jesse Mabanglo (AR) 3:00 Trivia (AR) 6:30 Movie Club (AR)</p>	<p>29</p> <p>9:30 Exercise (AR) 9:30 Mahjong (CR) 10:00 Coffee Social (AR) 11:00 Movie and Popcorn (If Beale Street Could Talk) (AR) 1:00 Talk to the Chef (DR) 1:30 Van Ride (L) 3:00 A/L Tea Time (2DR) 3:00 Book Club (Crazy Rich Asians) (AR)</p>	<p>30</p> <p>10:00 Exercise (video) (AR) 10:30 Coffee Social (L) 11:00 Cribbage (AR) 2:00 Bingo w/ Carolee (AR)</p>