

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>1:00 Hand & Foot (CR) 1:30 Movie (Sabrina) (AR)</p>	<p>2</p> <p>9:15 Mobile Library (L) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Safeway (L) 11:00 Trip to QFC (L) 1:00 Errands/Mall Trip (L) 2:30 Readers Theater (AR) 3:30 A/L Manicures & Hand Care (2DR) 6:30 Movie (Sabrina) (AR)</p>	<p>3</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Rummikub (CR) 10:30 Ken Burns' American Lives (Frank Lloyd Wright, Part 1) (AR) 12:00 A/L Picnic (DR) 1:00 Van Ride (Mill Creek—up to 1.5 hours) (L) 3:00 Current Events w/ Jacob Bolotin (AR)</p>	<p>4</p> <p><u>Doctor Day</u> 1:00-4:00 Foot Care (2F) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 11:00 Identity Theft & Protection Presentation w/ Ethan Via (AR) 12:30 Scrabble (CR) 1:00 Pokeno (PD) 2:00 Home on the Range Cabaret (AR) 3:30 Social Hour (AR)</p>	<p>5</p> <p><u>Doctor Day</u> 9:00-12:00 Foot Care (2F) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Catholic Communion (DR) 10:30 Trip to Bartell's (L) 11:00 Quilting Group (CR) 1:00 Knitting Group (PD) 1:30 Ken Burns' American Lives (Frank Lloyd Wright, Part 2) (AR) 3:00 A/L Tea Time (2DR) 6:30 Movie Club (AR)</p>	<p>6</p> <p>9:00 Mahjong (CR) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Travel Video Guide to Ethiopia (AR) 1:00 Talk to the Chef (DR) 1:30 Trivia (AR) 3:15 Hand Chime Group* (AR) <i>*(Open to all: Come down to the AR at 3:55 pm to see what we've been working on!)</i></p>	<p>7</p> <p>10:00 Exercise (video) (AR) 10:00 A/L Exercise (2DR) 10:30 Coffee Social (L) 10:30 Beach Ball Volleyball (2F) 11:00 Games Galore (AR) 1:00 Drop in Bridge (CR) 1:00 Bingo w/ Carolee (AR)</p>
<p>8</p> <p><i>Daylight Savings Time Ends: Turn your clocks forward one hour!</i></p> <p>1:00 Hand & Foot (CR) 1:30 Movie (Little Miss Sunshine) (AR)</p>	<p>9</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Safeway (L) 11:00 Trip to QFC (L) 1:00 Old Testament/Tanakh w/ David Smith (AR) 2:30 Readers Theater (AR) 3:30 A/L Manicures & Hand Care (2DR) 6:30 Movie (Little Miss Sunshine) (AR)</p>	<p>10</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Rummikub (CR) 11:15 Out to Lunch at Jebena Café (Ethiopian) (L) 12:00 A/L Picnic (DR) 1:00 Errands/Mall Trip (L) 3:00 Wii Bowling (AR)</p>	<p>11</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30-12:30 Trip to Alderwood Mall (L) 12:30 Scrabble (CR) 1:00 Pokeno (PD) 2:00 "Putin on the Blitz": A Look at Today's Russia w/ David Fenner (AR) 3:30 Social Hour (AR)</p>	<p>12</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Catholic Mass (DR) 10:30 Trip to Dollar Tree (L) 11:00 Quilting Group (CR) 1:00 Knitting Group (PD) 2:00 Home Again Virtual Reality (AR) 3:00 A/L Tea Time (2DR) 6:30 Movie Club (AR)</p>	<p>13</p> <p>9:00 Mahjong (CR) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Volunteer Park Conservatory (L) 1:00 Talk to the Chef (DR) 1:30 Trivia (AR) 2:00 Let's Talk (PD) 3:00 Bingo (AR)</p>	<p>14</p> <p>10:00 Exercise (video) (AR) 10:00 A/L Exercise (2DR) 10:30 Coffee Social (L) 10:30 Beach Ball Volleyball (2F) 11:00 Games Galore (AR) 1:00 Drop in Bridge (CR) 2:00 Movie (Once: Drama, Music, Romance)</p>
<p>15</p> <p>1:00 Hand & Foot (CR) 1:30 Movie (Mrs. Doubtfire) (AR)</p>	<p>16</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Safeway (L) 11:00 Trip to QFC (L) 1:00 Errands/Mall Trip (L) 2:30 Readers Theater (AR) 3:30 A/L Manicures & Hand Care (2DR) 6:30 Movie (Mrs. Doubtfire) (AR)</p>	<p>17</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Rummikub (CR) 10:30 Movie & Popcorn (The Camino Voyage) (AR) 1:00 St. Patrick's Day Pizza Party! (AR) 3:00 Current Events w/ Jacob Bolotin (AR)</p>	<p>18</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 11:00 Church Service with Pastor Tom Ruhlman (AR) 12:30 Scrabble (CR) 1:00 Pokeno (PD) 2:00 "Speaking of Dying" Film and Discussion w/ Mitzi Weiland (AR) 3:30 Social Hour (AR)</p>	<p>19</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Catholic Communion (DR) 10:30 Trip to Trader Joe's (L) 11:00 Quilting Group (CR) 1:00 Knitting Group (PD) 2:00 Music w/ Clayton Murray (AR) 3:00 A/L Tea Time (2DR) 4:30 Men's Group at Mandarin Gate (Chinese) (L) 6:30 Movie Club (AR)</p>	<p>20</p> <p>9:00 Mahjong (CR) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Readers Theater Final Rehearsal (AR) 11:00 Readers Theater Performance (AR) 11:30-1:00 Resident Lunch (DR) 1:00 Talk to the Chef (DR) 1:30 Trivia (AR) 3:00 Bingo (AR)</p>	<p>21</p> <p>10:00 Exercise (video) (AR) 10:00 A/L Exercise (2DR) 10:30 Coffee Social (L) 10:30 Beach Ball Volleyball (2F) 11:00 Games Galore (AR) 1:00 Drop in Bridge (CR) 1:15 Seattle Men's Chorus at Benaroya Hall (L)</p>
<p>22</p> <p>1:00 Hand & Foot (CR) 1:30 Movie (Meet the Parents) (AR)</p>	<p>23</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Safeway (L) 11:00 Trip to QFC (L) 1:00 Old Testament/Tanakh w/ David Smith (AR) 2:30 Choir Begins! (AR) 3:30 A/L Manicures & Hand Care (2DR) 6:30 Movie (Meet the Parents) (AR)</p>	<p>24</p> <p>9:00-1:00 Casino (Angel of the Winds) (L) 9:30 Exercise (AR) 10:00 Coffee Social (L) 10:00 Rummikub (CR) 10:00 Movie & Popcorn (Harriet) (AR) 12:00 A/L Picnic (AR) 1:00 Errands/Mall Trip (L) 2:00 Birthday Party w/ Richard Dean (AR)</p>	<p>25</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Marshalls in Shoreline (L) 12:30 Scrabble (CR) 1:00 Pokeno (PD) 2:00 Betty's Bead Workshop (\$5) (AR) 3:30 Social Hour (AR)</p>	<p>26</p> <p><u>Doctor Day</u> 9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:00 Catholic Communion (DR) 10:30 Trip to Fred Meyer (L) 11:00 Quilting Group (CR) 1:00 Knitting Group (PD) 1:30 Bible Study w/ Pastor Jesse Mabanglo (AR) 3:00 A/L Tea Time (2DR) 6:30 Movie Club (AR)</p>	<p>27</p> <p>9:00 Mahjong (CR) 9:30 Exercise (AR) 10:00 Coffee Social (AR) 11:00 Resident Meeting (AR) 1:00 Talk to the Chef (DR) 1:00 Assisted Living Resident Meeting (2DR) 1:30 Trivia (AR) 3:00 Bingo (AR)</p>	<p>28</p> <p>10:00 Exercise (video) (AR) 10:00 A/L Exercise (2DR) 10:30 Coffee Social (L) 10:30 Beach Ball Volleyball (2F) 11:00 Games Galore (AR) 1:00 Drop in Bridge (CR)</p>
<p>29</p> <p>1:00 Hand & Foot (CR) 1:30 Movie (Steel Magnolias) (AR)</p>	<p>30</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (AR) 10:30 Trip to Safeway (L) 11:00 Trip to QFC (L) 1:00 Errands/Mall Trip (L) 2:30 Choir (AR) 3:30 A/L Manicures & Hand Care (2DR) 6:30 Movie (Steel Magnolias) (AR)</p>	<p>31</p> <p>9:30 Exercise (AR) 10:00 Coffee Social (L) 10:00 Rummikub (CR) 10:00 Trip to Snoqualmie Falls and Lunch (L) 12:00 A/L Picnic (DR) 2:00 Let's Talk (PD) 3:00 Technology Consult Hour w/ Activities (AR)</p>	 <h1 style="font-size: 4em; margin: 0;">March 2020</h1> <p style="font-size: 1.2em; font-weight: bold; margin: 0;">Please note: This calendar is subject to change</p>			<p>(A/L) - Assisted Living (AR) - Activity Room (CR) - Card Room (DR) - Dining Room (L) - Lobby (P) - Patio (PD) - Private Dining Room (2F) - 2nd Floor (2DR) - 2nd Floor Dining Room</p>