



Foundation House **at Northgate**

A Retirement Community Sponsored by Educators
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As the COVID-19 pandemic has changed lives around the world, it has also impacted all aspects of how our community operates, cares for and serves our residents. Foundation House at Northgate has been quick to modify and create new programs to meet the needs of our residents while keeping them safe, healthy and happy. Here are some of the systems we have put into place.

Community & Resident Health and Safety

FHN is meeting or exceeding the Centers for Disease Control and Prevention (CDC) guidelines.

FHN maintains contact with state and local health agencies to stay on top of updated information and recommendations.

FHN has implemented increased disinfection and cleaning procedures, especially on high touch surfaces and common areas.

FHN was an early adopter of social distancing and quarantine to protect our residents ahead of local mandates. We also cancelled activities and restricted visitors to only those medically necessary. All visitors are being carefully screened for COVID-19 symptoms and exposure to someone with COVID-19.

FHN has and will continue to acquire emergency preparedness supplies, with an emphasis on PPE, to be prepared for long-term needs.

FHN monitors and documents our resident's health for signs and symptoms of illness daily.

FHN has the capacity to test residents and staff if needed, and is prepared to handle positive cases of COVID-19 among our assisted living residents, implementing heightened contact protocols and getting additional treatment immediately as the situation warrants.

FHN has provided our residents with homemade masks and ask that they wear them anytime they are outside of their apartment and unable to maintain proper physical social distancing.

Our Staff

FHN ensures that if any staff member is sick that they stay home.

Employees are monitored for symptoms at the start of each shift and their temperature is taken. Handwashing is performed throughout their shifts.

Providing staff with safety guidelines, all FHN staff members adhere to hygiene protocol and wear masks when physical distancing cannot be maintained.

FHN regularly updates staff on current CDC recommendations.

Dining and Culinary Services

Our dining room is currently closed with the stay home, stay healthy orders for the safety of our residents. That said, we are delivering delicious meals taking into account the preferences of our residents every day.

Activities & Life Enrichment

Since early March 2020, all group and in person activities have been cancelled. Following CDC guidelines, each week our activity team coordinates live music, game packets, mobile happy hours, and virtual literary events to keep our residents entertained and engaged. We also offer FaceTime and Zoom calls to family members and friends, grocery and errands, trivia and library access.

If able, our residents are encouraged to take walks in the park and surrounding neighborhood to build strength, improve mental health and get fresh air.

We're here to help. Please call or email us with any questions or concerns.

206-361-2758

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